

PRE-OP INSTRUCTIONS

Dr. Djordjevic has scheduled you for a surgical procedure and we would like to help you navigate through the process efficiently to reduce the sense of an overwhelming amount of information.

1. During your procedure an anesthetist will be needed- Dr. Djordjevic usually requests:
Dr. Marks, Dr Zambellis or Dr. Kasule. We will phone the anesthetists to advise them of the intended surgery however it is **your personal responsibility** to go to their offices and make arrangements to pay prior to the day of the surgery.
 - 1.1 **Dr. Marks**- 2 Harvey Brown, Milton Park Call: 0242 700 049/ 0771 415 809
 - 1.2 **Dr. Zambellis**- 34 Downie Ave, cnr East Rd, Belgravia Call: 0242 703 732/ 0771 415 738
 - 1.3 **Dr. Kasule**- 3 Sandrise Gardens, (cnr 3rd Street with the entrance on Josiah Chinamano)
Call: 0777 800 932/ 0774 206 067

2. We will provide you with a Booking Form and an Informed consent Form for the **Avenues Clinic/ Borrowdale Trauma Centre/ Milton Park Medical Centre.** They request that you go to the hospital prior to the admission day to complete paperwork and arrange payment.

3. Depending on the procedure it is likely you will be admitted on the day of the operation. If you have a health condition and/or the procedure requires additional management you may be admitted the day prior- Dr. Djordjevic will advise you accordingly.
Regardless of this you should have **nothing to eat or drink from the night before the procedure** (due to you going under anesthetic). If you are undergoing a procedure in the afternoon you need to have **fasted from food and water for the preceding 6 hours.**

N.B. If you are having a Hysteroscopy or Mirena insertion, 4 Cytotec tablets should be inserted high up in the vagina 6 hours prior to the procedure. You may experience stomach cramps, therefore please take 2 tablets of paracetamol with very little water (less than 20 mls) after inserting the cytotec

4. The hospital requires a PCR covid test 24 hours prior to date of procedure.

5. You will be admitted as either a day case or in-patient depending on the type of procedure.
In-patients are requested to purchase a pair of KNEE LENGTH anti-embolism stockings.
PLEASE NOTE: DR DJORDJEVIC REQUESTS YOU PUT THESE ON BEFORE YOU ARRIVE AT THE HOSPITAL ON THE DAY OF ADMISSION. These stockings can be found at the Avenues/MPMC/Kenlink/Arundel Pharmacies.

6. For certain procedures you will be asked to read an advice sheet, sign it and bring it with you to our rooms **before** the surgery.

7. **You are required to pay Dr. Djordjevic's office for the procedure and it is your personal responsibility to claim from your medical aid.** At your request we will provide you with a letter and a proforma invoice for preauthorization of funds. We will do our best to support you through this process however it does remain your responsibility.

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8. If you require a sick leave letter you can request this by emailing gyn2.africa@gmail.com
9. Dr. Djordjevic will ask you to make an appointment for a follow up **7-10 days** post-surgery.
10. Please call Sr Charlene 0784995762 or Sr Hope on 0777 019 485 if you have any queries following your operation.